



**CONSENT MUST BE**

**F A I R**

**F – FREE**

FREE MEANS NO PRESSURE. A PERSON CHOOSES TO SAY YES TO SOMETHING BECAUSE THEY WANT TO, NOT BECAUSE THEY FEEL LIKE THEY HAVE TO

**A – ALWAYS**

ALWAYS MEANS THAT CONSENT NEEDS TO BE GIVEN, NOT JUST ONCE, BUT MUST BE THERE ALL OF THE TIME

**I – INFORMED**

INFORMED MEANS UNDERSTANDING WHAT YOU ARE AGREEING TO. A PERSON AGREES TO DO SOMETHING AND UNDERSTANDS WHAT THEY ARE CHOOSING TO DO, WITH ALL THE INFORMATION AND WITH NO PRESSURE. THIS IS CALLED INFORMED CONSENT

**R – REVERSIBLE**

REVERSIBLE MEANS THAT YOU CAN CHANGE YOUR MIND AT ANY TIME, EVEN IF YOU SAID YES BEFORE

